

# Exploring the Psychological Impact of Living with Kidney Disease from a Therapist's Personal Journey

Presenter: Gabriel Cooper, PhD, LMFT

## Key Points:

1. The overlooked mental, relational, and emotional dimensions of living with kidney issues
2. Challenges of CKD through transplant (kidney/pancreas) from the experience of a 30-something professional

## About the presenter:

*Gabriel Cooper, PhD, LMFT* is a kidney/pancreas recipient and psychotherapist in California. After decades of navigating both type-1 diabetes and kidney disease, he has dedicated to passing on the gift of his transplant to professionally supporting other kidney patients. He recently earned his postgraduate degree from Cambridge University and opened a long-term therapy practice specializing in chronic illnesses, anxiety, and the LGBTQ community.



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