

Understanding Your Kidney Related Labs

Presented by: Judy Gourley,
RDN, LDN

Key Points:

- How to understand your kidney related labs
- Reasons they are important
- Ways to improve your labs to improve your health

About

the Presenter: Judy Gourley, RDN, LDN, is a Dietitian with Fresenius Kidney Care in South Boston, Virginia. She has worked for 41 years in North Carolina and Virginia in various positions as Director of Nutrition Services at O'Berry Neurological Center, a consultant dietitian for several community group homes, and an acute care dietitian with Sodexo. She loves to find creative ways to educate her patients and provide tools to empower them and enable them to make good decisions.

Blood Biochemistry Report

Case No: Sex: Age:
Date of reception: Date of collection:
Description: Affiliation:
Referred by:

	Result	Normal Range	Col
Blood Test		1.8 – 8.2 mmol/L	
Kidney Function Test		3.5 – 5.0 mmol/L	
Urea		0.8 – 1.4 mmol/L	
		mmol/L	



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