

# Navigating a Renal Diet: Decoding the Mystery

Presented by: Fanny Sung Whelan, MS, RD, LDN

## Key Points:

- Highlights of a CKD diet
- Dialysis diet- in-center hemodialysis vs home therapies
- Transplant Diet guidelines

### About the Presenter:

Fanny Sung Whelan is a Registered Dietitian licensed in Tennessee. She has been working with renal patients for 11 years, specializing in home therapies, and for the past 9 years, with transplant and all stages of CKD patients as well. She also has experience working with the elderly and end of life nutritional care.



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