

Effective Communication with Your Health Care Team

Presented by: Stacy Ogbeide, PsyD, ABPP, CSOWM, Board-Certified
Clinical Health Psychologist, UT Health San Antonio

Key Points:

- Understand the importance of effective communication with your health care team
- Understand barriers that impact effective communication
- Identify one (1) effective communication skill to use with your health care team at your next health care appointment.

About the Presenter:
Stacy Ogbeide, PsyD, ABPP, CSOWM is a Board-Certified Clinical Health Psychologist and a Board-Certified Specialist in Obesity and Weight Management. She is the Director of Behavioral Health Education in the Family Medicine Residency and an Associate Professor with the Department of Family & Community Medicine at UT Health San Antonio. She also has a cross appointment in the Department of Psychiatry and Behavioral Sciences and serves as the Primary Care Track Coordinator for the Clinical Psychology Internship Program.



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