

How Healing Works: Get Well & Stay Well Using Your Hidden Power to Heal

*Presented by Wayne Jonas, MD, Executive Director of
Integrative Health Programs at Samueli Foundation*

Key Points:

1. Up to 80 percent of health comes from factors outside of what happens in the doctor's office
2. Shifting the patient/doctor encounter to focus on the whole patient and their environment can quickly move us toward integrative health that enhances healing and reduces chronic disease
3. Learn a simple systematic approach that helps patients tap into their inherent healing capacity



About the Presenter:

Wayne Jonas, MD,
Executive Director of
Integrative Health
Programs at Samueli
Foundation, is a board-
certified, practicing
family physician, an
expert in integrative
health and health
care delivery, a widely
published scientific
investigator and author
of *How Healing Works*.



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2:00pm EST