

Recognizing, Managing and Eliminating Barriers to Home Dialysis

This webinar will start shortly

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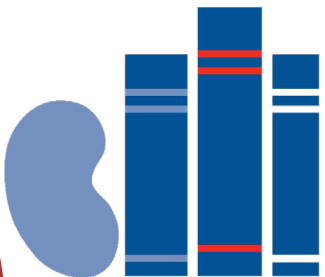
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Today's Presenter



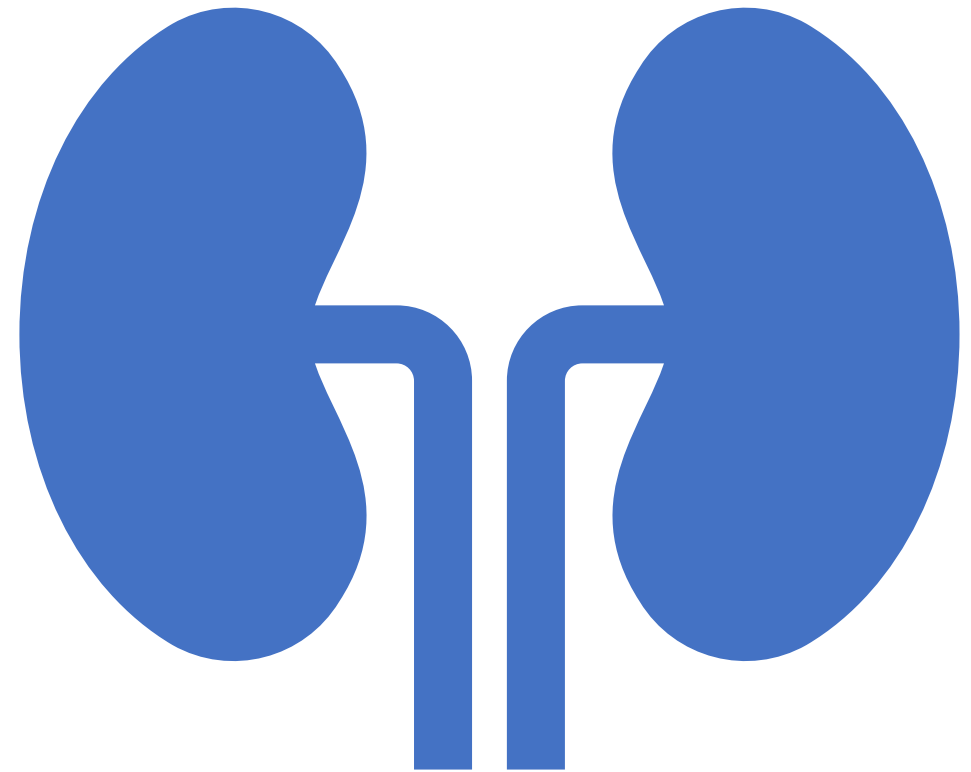
- ▶ Dr. Shaminder Gupta is the Associate Chief Medical Officer of Monogram Health. He served as the immediate Past President of the National Kidney Foundation of Louisiana and the lead for its Home Dialysis Task Force. He practices in Houma, Louisiana and serves an indigent population of which 40 percent of his patients utilize home dialysis.



Shaminder Gupta, MD

April 29, 2021

Recognizing, Managing and Eliminating Barriers to Home Dialysis-



Objectives

Review

Review Innovative Approaches to Options Education for Renal Replacement Therapies in CKD 4

Review

Review Perceived Barriers to Home Dialysis

Review

Review approaches to increasing patient empowerment

Approaches to Options Education

Start Early- CKD 4 (GFR less than 25)

Utilize direct education- Pt to Pt

Dialysis Center visit- demystifies experience

Support, Support, Support

Early education

- “I feel fine- just a little tired sometimes.”
- “Dialysis- that seems extreme.”
- “Is there anything I can do to reverse this? Make it get better?”
- Be aware that dialysis will be necessary

Dialysis center visit

Visit clinic in advance of
needing dialysis

Engage with dialysis center
staff

Meet other patients on home
dialysis

Patient ambassadors-
important to proper messaging

Dialysis center visit



- Visit allows you to contrast home dialysis vs in-center
- Visual is powerful
- Many of you will not want to be confined to chair
- Seeing other patients who look healthier helps cement idea of home dialysis as a possibility

Barriers to home dialysis selection

Fear, Fear, Fear- natural emotion

Acknowledge and address fears- Your doctor should discuss any fears you have- space, family intrusion, inability to care for yourself

Family reservations- discuss with family members

Home dialysis can impact family positively- healthier family member is better for family

No transportation needs

Geographic Barriers

Not all locales/MDs offer home dialysis

This should not limit your ability to do home therapy

You must have all options presented

Driving to another center to train can be beneficial in long run as fewer visits required once patient is trained

You may not even know you have this available as an option

Physician Barriers

Some physicians are not comfortable with home dialysis

This should not limit your choice/access

You must be empowered to ask and know your options

Patient Empowerment

Demand more of their doctor and care team

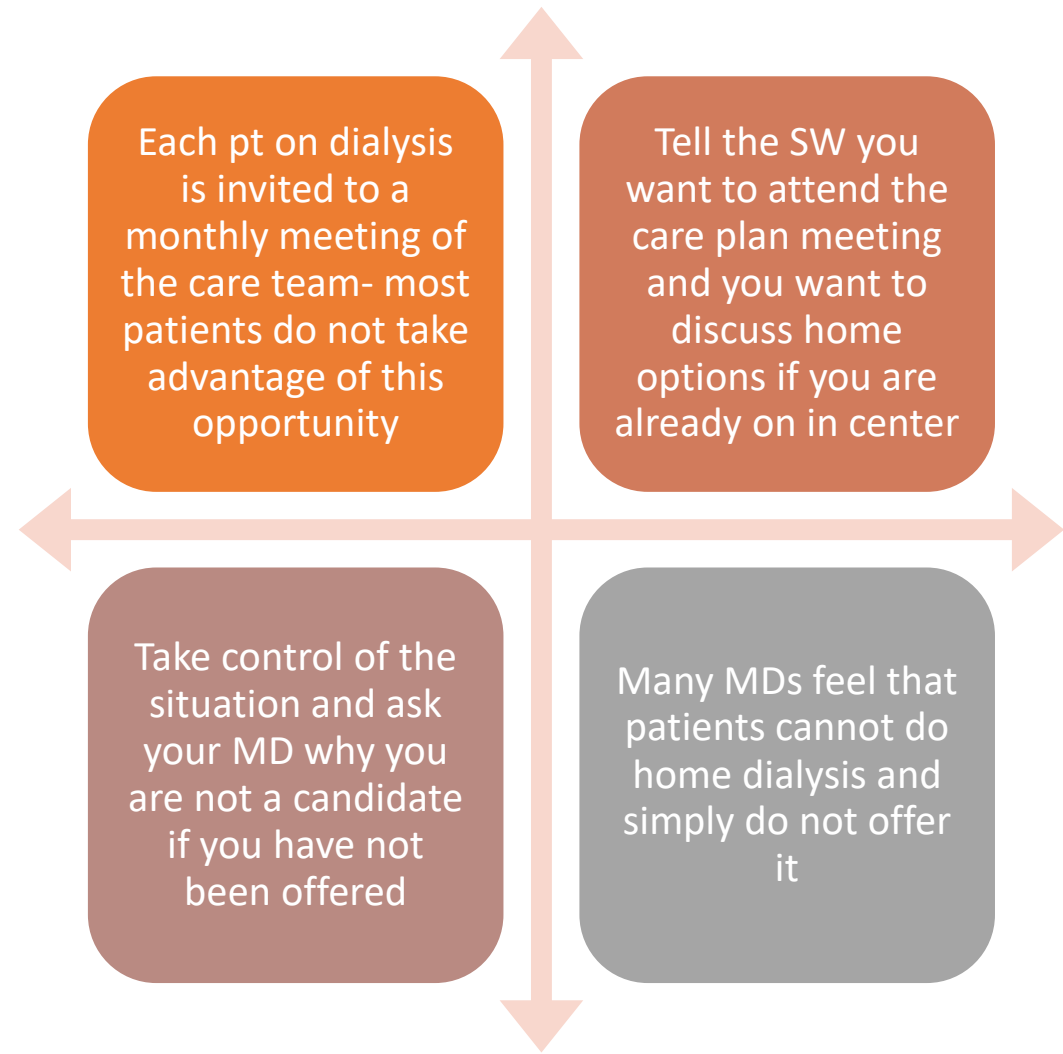
Paternalism does not work in this setting

Know your rights and do not be afraid to ask for a second opinion

Dialysis organizations are required to offer all modalities to all patients and to have discussed all options (CMS requirement)

Transplant referral and discussion is a CMS requirement

Patient Empowerment



Final Thoughts

Be confident and advocate for yourself

Not all dialysis units offer all services

Trust your providers and challenge them to inform you of all options

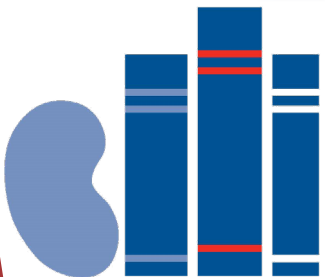
Home Dialysis will give you freedom to live your life

You will surprise yourself

Your family wants to help and wants what is best for you

Questions?

Please use the Chat Box



Thank You for Attending Today!

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the Feedback Form**



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