

The Empowered Patient: Taking Steps to Manage Diabetes and Chronic Kidney Disease

Presented by Stacy Ogbeide, PsyD, MS, ABPP

During this webinar, you will learn:

- Define the Patient Empowerment Model for Diabetes;
- Define self-compassion; and
- Understand how a values-based life can improve the management of Diabetes and CK

About the Presenter:

Stacy Ogbeide, PsyD, MS, ABPP
is a Board-Certified Clinical Health Psychologist
and a Board-Certified Specialist in Obesity and
Weight Management. She is the Director of Behavioral
Health Education in the Family Medicine Residency and
an Associate Professor with the Department of Family &
Community Medicine with UT Health San Antonio. She
also has a cross appointment in the Department of
Psychiatry and Behavioral Sciences and serves as
the Primary Care Track Coordinator for the
Psychology Internship Program.



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March 25, 2021



2:00 pm ET 12:00 pm MT
1:00 pm CT 11:00 am PT