

MY WAY: Make Your Wishes About You

How to Speak up to Get the Healthcare You Want, Now and in the Future

Presented by Elizabeth Anderson, LCSW, DSW and Dale Lupu, MPH, PhD

During this webinar you will learn:

- What is advance care planning and what are its benefits?
- What is shared-decision making and why is it important?
- What are common barriers to advance care planning?
- What are common barriers to shared decision making?
- Suggestions for leaping over those barriers, tunneling under, or going around so you can be more in control of your care – and do it YOUR way.

About the Presenters:

Elizabeth Anderson, LCSW, DSW, is an Assistant Professor of Social Work at Western Carolina University. She practiced as a hospice and palliative care social worker, bereavement coordinator and Social Services Director for Mid-Atlantic Renal Coalition.

Dale Lupu, MPH, PhD, Co-Principal Investigator, is an Associate Research Professor at George Washington University where her current research is in integrating palliative care into nephrology care, as well as general workforce trends in the field of hospice and palliative medicine.



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January 28, 2021



2:00 pm ET 12:00 pm MT
1:00 pm CT 11:00 am PT