

Resources on COVID-19 in Spanish

This is a list of some COVID-19 resources available in Spanish. It is not a complete list nor is any one resource endorsed by the DPC Education Center. Please use this list as a starting point in your educational journey on COVID-19.

Centers for Disease Control and Prevention (CDC)

Fact sheets are available in Spanish that include information about COVID-19 facts, keeping patients safe on dialysis, how to wash your hands, etc.

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Keeping Patients on Dialysis Safe

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/dialysis-protect-patients-sp.pdf>

The videos at the bottom of this page are available in Spanish:

<https://www.cdc.gov/coronavirus/2019-ncov/community/downloadable-videos/downloadable-videos.html>

Some of the webpages such as “Symptoms of Coronavirus” have an "Other Languages" dropdown box at the top of the webpage that automatically translates the page.

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

National Council on Aging

Resources for older adults and their caregivers are included and updated on this page:

<https://www.ncoa.org/about-ncoa/bienvenidos-a-ncoa/covid-19-recursos-para-adultos-mayores-y-sus-cuidadores/>

Seven Tips for Managing Your Mental Health During the COVID-19 Pandemic

Tips to stay mentally healthy that include staying informed, staying connected to others, and helping others...

<https://www.ncoa.org/about-ncoa/bienvenidos-a-ncoa/covid-19-recursos-para-adultos-mayores-y-sus-cuidadores/7-consejos-para-cuidar-de-su-salud-mental-durante-la-pandemia-del-covid-19/>

Dialysis Patient Citizens Education Center

The resources available can be translated into Spanish by clicking on the pop-up Language link at the bottom right.

<https://www.dpcedcenter.org>

Other Resources

Disaster Distress Helpline

SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

<https://www.samhsa.gov/find-help/disaster-distress-helpline/espanol>

COVID-19 Support Program for People for Chronic Disease Patients and their Families

The Global Healthy Living Foundation (GHLF) has developed a support program for patients and their families to gather updated information, community support and other resources.

<https://aprende.creakyjoints.org.es/coronavirus/>

Coronavirus Resources and Tips for Parents, Children, & Others

Tips for Staying Connected – Provides clear, concrete tips for physically distancing while staying emotionally and socially connected. Use the "Select Language" dropdown at the bottom of the page to automatically transplant the webpage.

<https://preventchildabuse.org/coronavirus-resources/>