

Relieving Pain Through Laughter

Presented by Mary Laskin, MN, RN, ACNS-BC and Steve Wilson, Psychologist, *The Joyologist*

Joyology is the lifestyle that skillfully blends laughter, humor, and attitudes to help recover from difficulties and re-awaken the joy of being alive.

During this webinar you will:

- Learn about joyology as a lifestyle
- Discover ways to manage pain
- Understand how laughter can help ease pain

Join the call:

Date: April 26, 2019

Time: 2:00 pm ET, 1:00 pm CT, 12:00 pm MT, 11:00 am PT

Dial: 877-399-5186

Enter Meeting Code: 433 459 5474

