Don’t Make New Year Resolutions!

Six Happiness Habits

Presented by Steve Wilson, Psychologist and Humorist

• Most people make and break resolutions every year
• 80% of people fail New Year Resolutions by February
• Learn happiness habits instead that can change your attitude and your health on a daily basis

Join the call:

Date: Wednesday, January 23, 2019
Time: 2:00 pm ET, 1:00 pm CT, 12:00 pm MT, 11:00 am PT
Dial: 877-399-5186
Enter Meeting Code: 433 459 5474

Learn more and RSVP at www.dpcedcenter.org