

Don't Make New Year Resolutions!

Six Happiness Habits

Presented by Steve Wilson, Psychologist and Humorist

- Most people make and break resolutions every year
- 80% of people fail New Year Resolutions by February
- Learn happiness habits instead that can change your attitude and your health on a daily basis

Join the call:

Date: Wednesday, January 23, 2019

Time: 2:00 pm ET, 1:00 pm CT, 12:00 pm MT, 11:00 am PT

Dial: 877-399-5186

Enter Meeting Code: 433 459 5474